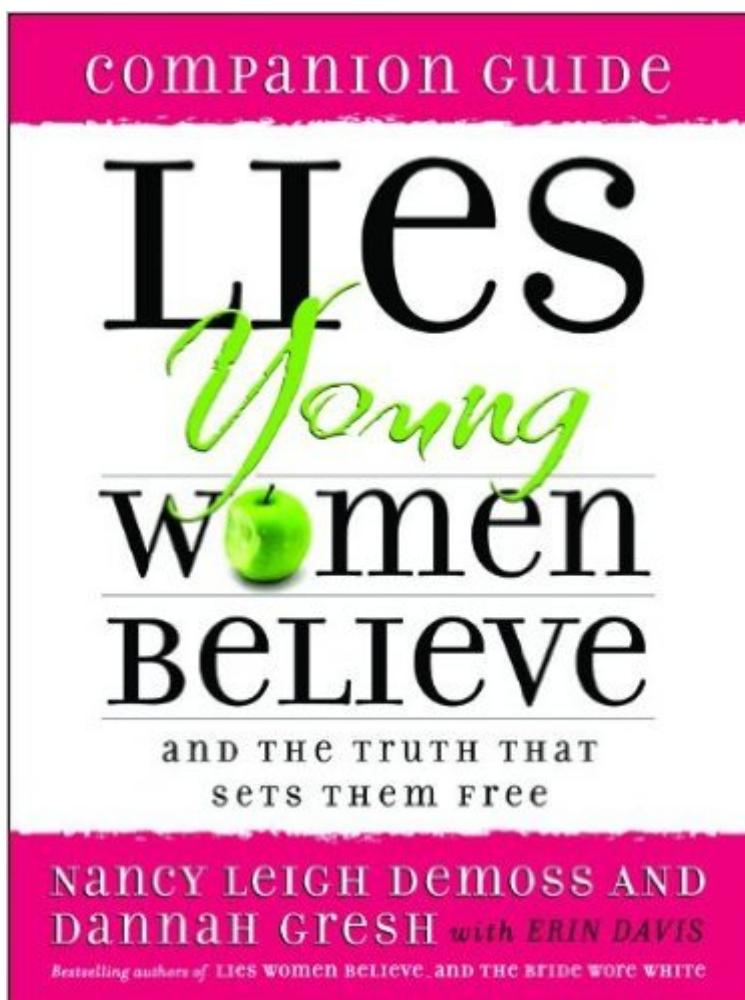


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# Lies Young Women Believe Companion Guide: And The Truth That Sets Them Free



## **Synopsis**

GoÂ deeper into the truthsÂ of Lies Young Women Believe. So you've read *Lies Young Women Believe*, but you want help internalizing its truths and applying themÂ to your life? This companion guide contains questions and activities to help youÂ do just that. Each session is made up of the following features: An overview of the chapter to be studied from *Lies Young Women Believe* and reminders of the lies discussed in that chapter; A daily personal study for the readers to complete during the course of the week, between youth group meetings. Each day's study includes a reading from *Lies Young Women Believe* and reflection questions; Questions to be discussed in youth group/small group setting; Ideal for small groups, Bible studies, classes, and individuals.

## **Book Information**

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## **Customer Reviews**

I led a group of 15 teen girls through this study. I still get comments about a year later about how meaningful it was and hear reports of girls going back to look at the verses and truths presented in the book. Maybe there are some girls out there who don't struggle with these lies, but I haven't met any!

The companion guide is more of a journal with a few extra questions/thoughts. It is definitely not necessary when studying the book, but is somewhat helpful for a few extra ideas if you are leading a study or if you really like having a supplemental, coordinating journal.

This book and study guide are true treasures for young women to understand the false assumptions in our culture. It is based on solid Biblical principles, written in such a way to capture the minds and hearts of today's young women. Try it!

Everybody thinks the way they think... is just the way they think. When 99% of the time it is a lie! This should be a class for all females 12-30. (There is another book for older women.) Why do we waste so much of your lives believing the lies, like...I'll be happy when I'm skinny or I'll be happy when I have a boyfriend, etc. I recommend getting the study guide to go with it!

I've given this to my daughters to help them discern biblical truth about their role as a woman versus what society today tells them. If you're a Christian family with teen-age daughters, I highly recommend this study. It does have more impact when another female adult mentor walks through this with them.

Loved doing this with my teenage daughters!! it was awesome to see how their perspective of themselves and others changed as they realized God's Truth, and quit believing the lies the enemy had them believing. would recommend this book to EVERY young woman!!

This study is very relevant for teenaged girls. Created lots of good discussion and more accountability within group. Topics are varied and there is something for everyone in the group to relate to. I liked this much better than the women's version.

I have been a part of this study twice now, once when I was a freshman in high school and again when I was a freshman in college. Each time I have learned a great deal and been encouraged to commit to reading my Bible and growing in my relationship with the Lord, especially the second time. This study, along with the book, contradicts the lies we believe about ourselves, God, the devil, guys, and many other topics with God's Word.

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